[**Security in technology** refers to the methods, tools, and personnel used to defend an organization’s digital assets, protecting them from unauthorized access, disruption, theft, or exploitation by threat actors1](https://www.techtarget.com/searchsecurity/definition/security).

Here are **five free resources** where you can learn more about tech security:

1. [**EC-Council’s Free Cyber Security Courses**](https://www.eccouncil.org/cybersecurity-exchange/cyber-novice/free-cybersecurity-courses-beginners/): Explore beginner-friendly courses on ethical hacking, digital forensics, and network defense[2](https://www.eccouncil.org/cybersecurity-exchange/cyber-novice/free-cybersecurity-courses-beginners/).
2. [**TryHackMe**](https://tryhackme.com/): Offers gamified labs and challenges for hands-on hacking experience at various skill levels[3](https://tryhackme.com/).
3. [**NIST’s Free Security Awareness Resources**](https://www.nist.gov/itl/applied-cybersecurity/nice/resources/online-learning-content): Includes games, posters, videos, and webinars for security awareness[4](https://www.nist.gov/itl/applied-cybersecurity/nice/resources/online-learning-content).
4. [**CompTIA IT Fundamentals**](https://www.springboard.com/blog/cybersecurity/free-cybersecurity-resources/): A non-technical course covering essential cybersecurity concepts[5](https://www.springboard.com/blog/cybersecurity/free-cybersecurity-resources/).
5. [**SANS Cyber Aces Online**](https://www.springboard.com/blog/cybersecurity/free-cybersecurity-resources/): Provides foundational knowledge in areas like threats, vulnerabilities, and penetration testing[5](https://www.springboard.com/blog/cybersecurity/free-cybersecurity-resources/).

Remember to explore these resources and build a strong foundation in tech security! 🛡️🔒